



UPDATED PROGRAMME NOW LIVE

With just under 3 months to go until the Health of the Health Professional Conference, we are delighted to announce some updates to the programme.

Following a fantastic response to the call for abstracts, there are now sessions at the Conference covering a vast array of topics including:

- Building resilience in health professionals and investing in the future
- Self-care of GPs and the doctor as a patient
- The mental health of medical students
- Erratic eating in shift working health professionals
- Development of online resources to promote health and wellbeing
- Lens on suicide and self-harm
- Disability, disclosure and discrimination in nursing
- Stress and burnout in the health professions

There are also pre-conference workshops arranged for Wednesday 2 November as follows:

- Being a Doctor's Doctor – Rowan Waters
- Creative Writing for Health Professionals – Glenn Colquhoun
- Advanced Planning for Transitions – Pat Alley, Chris Perkins and Fatigue Risk Management Team
- Quest for Life – Petrea King

Pre-conference workshops may be booked at the time of registration. Please [visit the website](#) for further detail of the updated programme.

The Conference is endorsed by a number of organisations including the RNZCGP, RACS and Nursing Council and attendees will be entitled to CME credits.

The HOHP Conference offers an exciting social programme, beginning with a traditional Maori welcome and reception at the stunning Orakei Marae and culminating on Friday 4 November with 'Taste New Zealand', a culinary feast followed by a show-stopping performance from one of Auckland's best loved double-acts.

November is a wonderful time to visit Auckland and alongside the formal programme, there are a number of optional activities offered before, during and after the Conference including:

- A guided tour of the recently re-opened Auckland Art Gallery
- An opportunity to crew on an America's Cup yacht in the Waitemata Harbour
- A forest walk through the Waitakere Ranges by a Maori guide
- Waiheke Island wine, olive oil and garden tour

Please [visit the website](#) for further detail of leisure tours surrounding the Conference. These may be booked at the time of registration.

The Early-bird discount for registrations closes on 3rd September so don't hesitate to reserve your place at the Conference. [Register now!](#)

We look forward to welcoming you to the Conference in November.

The HOHP Organising Committee